

# CHHAMARIA ANCHALIK COLLEGE

P. O. Chhamaria, District- Kamrup, State- Assam (India), PIN-781136

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## FIRST CYCLE NAAC ACCREDITATION 2022

### CRITERION 5

#### STUDENT SUPORT AND PROGRESSION

#### KEY INDICATOR- 5.1: STUDENT SUPPORT

5.1.2. Following capacity development and skills enhancement activities are organized for improving students' capability:

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene, self employment, and entrepreneurial skills)

Submitted to



NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

**5.1.2: Following capacity development and skills enhancement activities are organized for improving students Capability:**

**1. Soft skills**

**2. Language and communication skills**

**3. Life skills (Yoga, physical fitness, health and hygiene)**

Sl. No	Name of capacity building and skill enhancement initiatives	Date of implementation	Number of students participated	Agencies involved
1	Workshop on literature	12-03-2018	77	Department of Assamese, Chhamaria Anchalik college
2	Industrial Area visit ( Satabari, Assam)	13-10-2018	22	Department of Economics, Chhamaria Anchalik College
3	Industrial field Visit to industrial growth centre, Jambari.	10-02-2019	13	Department of Education, Chhamaria Anchalik College
4	Awareness programme on the danger effect of use of plastic	11-09-2019	34	Department of Economics, Chhamaria Anchalik College
5	Plastic waste free campaign	02-10-2019	85	NSS Cell, Chhamria Anchalik College
6	Awareness Programme on corona virus at Kahibari village	09-03-2020	21	Department of Education, Chhamaria Anchalik College
7	Unnat Bharat Abhiyan -2020 at Chhamaria Anchalik college	13-03-2020	15	Department of Education, Chhamaria Anchalik College
8	International Webinar on “ Use of Assamese and Bengali Languages: A Socio Linguistic Analysis	22-08-2020	571	Department of Assamese, Chhamaria Anchalik college
9	Awareness drive on cleanliness	02-10-2021	37	NSS Cell, Chhamria

				Anchalik College
10	Covid-19 awareness camp	25-10-2021	28	Department of Economics, Chhamaria Anchalik College
11	A Social Service and Awareness Programme	24-12-2021	34	NSS Cell, Chhamria Anchalik College
12	Awareness programme among the farmers of Puthimari village on harmful effect of excessive use of inorganic fertilizers	27-12-2021	33	Department of Economics, Chhamaria Anchalik College
13	Workshop on Music and Poetry	29-12-2021	120	Department of Assamese, Chhamaria Anchalik college
14	Awareness Programme on health and hygiene	08-02-2022	23	Department of Economics, Chhamaria Anchalik College
15	A Cleanliness Programme	28-02-2022	27	NSS Cell, Chhamria Anchalik College
16	A Lecture Programme on addiction of Alcoholism; Its cause and effect	16-03-2022	26	Department of Economics, Chhamaria Anchalik College
17	Awareness programme on organic farming	24-05-2022	25	Department of Economics, Chhamaria Anchalik College
18	A Plantation and Environmental Awareness Programme	04-06-2022	49	NSS Cell, Chhamria Anchalik College
19	Celebration of International Yoga Day	21-06-2022	22	NSS Cell, Chhamria Anchalik College
20	An awareness programme on “ Role of Youth for Social Harmony and National Integration”	04-07-2022	47	Department of Political Science and Deptt. of Education, Chhamaria Anchalik

				College
21	A Programme on Cleanliness Drive	11-08-2022	47	NSS Cell, Chhamria Anchalik College
22	A Plantation and Environmental Awareness Programme	12-08-2022	28	NSS Cell, Chhamria Anchalik College
23	A Clean India Campaign and Awareness Programme	17-10-2022	67	NSS Cell, Chhamria Anchalik College
24	A Clean India Campaign	22-10-2022	25	NSS Cell, Chhamria Anchalik College
25	Clean India Campaign	02-11-2022	26	NSS Cell, Chhamria Anchalik College
26	Workshop on Satriya Dance and Performing Arts	12-12-2022	70	Department of Assamese, Chhamaria Anchalik college
27	Awareness Programme on Environmental Ethics (Among school children)	19-12-2022	52	Department of Philosophy, Chhamaria Anchalik College
28	A Social Service Programme	05-03-2023	19	NSS Cell, Chhamria Anchalik College
29	Awareness on Drugs and Alcoholism	08-03-2023	68	NSS Cell, Chhamria Anchalik College
30	Health Check Up Camp	08-05-2023	209	Youth Red Cross, Chhamaria Anchalik College.
31	An orientation Programme on writing Biodata and to face an interview for BA 4 <sup>th</sup> semester students	12-06-2023	45	Department of Education, Chhamaria Anchalik College
32	Health Check Up Camp	09-06-2023	43	Youth Red Cross, Chhamaria Anchalik College.
33	Celebration of International Yoga Day	21-09-2023	23	NSS Cell, Chhamria Anchalik College



**Departmental Activities and Outreach Program**  
**Department of Assamese**  
**Chhamaria Anchalik College**

**Workshop on Literature**

Date: 12.03.2018

The Department of Assamese at Chhamaria Anchalik College orchestrated a captivating Workshop on Literature on the 12th of March 2018, aimed at enriching the literary understanding of students and faculty alike. The event was graced by the esteemed presence of Mr. Gobinda Prasad Bhuyan, a distinguished Research Scholar from Gauhati University.

The workshop attracted a commendable total of 77 enthusiastic participants, reflecting the keen interest and commitment of the Chhamaria Anchalik College community to engage with the nuances of literature. Mr. Gobinda Prasad Bhuyan, as the resource person, brought a wealth of knowledge and experience to the event, elevating the learning experience for everyone involved.


The workshop covered diverse aspects of literature, ranging from literary analysis to historical perspectives and contemporary trends. Participants had the unique opportunity to engage in insightful discussions with Mr. Bhuyan, whose expertise added significant value to the overall learning atmosphere.


The success of the workshop is evident not only in the impressive turnout but also in the active participation and engagement of attendees. The event not only served as an academic platform but also fostered a sense of intellectual curiosity and camaraderie among the participants.

Chhamaria Anchalik College expresses its gratitude to Mr. Gobinda Prasad Bhuyan for his invaluable contribution and looks forward to organizing more such enriching events in the future. The Workshop on Literature stands as a testament to the college's commitment to fostering a culture of academic excellence and exploration within its academic community.

**Total Participated Student : 77**



  
Principal  
Chhamaria Anchalik College

  
HOD Assamese  
Chhamaria Anchalik College

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As a part of Extension activities for B.A. 5<sup>th</sup> Semester  
 Organised by: Department of Education  
 Chhamaria Anchalik College  
 Venue: Chhaygaon Patgaon, Jambhari

Date:	10-02-2019
Purpose of the program:	For acquiring practical knowledge about socio-economic condition of neighboring village of Industrial growth centre, Chhaygaon
Participants	13

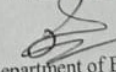
Today on 10-02-2019, Department of Education organized a programme as a part of education Extension activities visit to Industrial growth centre, Chhaygaon. The main aim of the program is to acquire practical knowledge about socio-economic condition, people of neighboring village of Industry. The programme is guided by all the faculties of the department. All the students visited the neighboring village and Industrial growth centre. The journey is a peaceful and knowledgeable for all the participants.



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 Rahul



With Regards

  
 Head, Department of Education  
 Chhamaria Anchalik College

Head  
 Department of Education  
 Chhamaria Anchalik College  
 Date.....



Plastic Waste Free Campaign	
<b>Date</b>	02-10-2019
<b>Purpose of the Programme</b>	The Campaign is Completely focused on eliminating the single use of plastic and its removal from society with a view to lessen the problem of cancer by the consumption of good packed in plastic.
<b>Participants</b>	85

“A Plastic Waste Free Campaign” is organised by NSS Cell on 2<sup>nd</sup> Oct/2019 at Chhamaria Bazar. The main aim of the programme is to create awareness and removal of harmful effect of plastic among the new generation. In this programme, Abdus Salam, Jamal Uddin Ahmed, MAR Mollah, Azizul Hoque and Shah Alom, assistant professors of this college participated to succeed the programme.



An Awareness Programme on Corona Virus  
Organised by: Department of Education  
Chhamaria Anchalik College  
Venue: Kahibari Gaon

Date:	09-03-2020
Purpose of the program:	To aware village people, identify symptoms of corona virus and follow guidelines prescribed by the world health guideline and Indian council of medical research.
Participants	21

Today on 09-03-2020, Department of Education organized an awareness programme on corona virus at Kahibari Gaon. The novel corona virus disease presents an important and urgent threat to global health. Timely access to accurate information and public awareness on prevention is the main objectives of this programme. Identifying level of public awareness on disease prevention is important to mitigate the pandemic programme village people.



With Regards

Head, Department of Education  
Chhamaria Anchalik College

Head  
Department of Education  
Chhamaria Anchalik College  
Date.....

**An Unnat Bharat Abhiyan 2020  
Organised by: Department of Education  
Chhamaria Anchalik College**

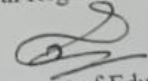
Date:	13-03-2020
Purpose of the program:	The students of the college is to work with the people of rural area in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth.
Participants	15

Today on 13-03-2020, a cleaning programmed as a part of Unnat Bharat Abhiyan is organized by Department of Education at Kahibari Gaon. The programme is guided by Abu Shama Ahmed, Nurul Islam and Ram Mandal Asstt. Prof. of this department. The programme starts at 10am and Continued till 3pm. All the participant students perform their duties properly and satisfactorily. The main objective of this programme is to fit the students for the community service. It is a preparatory programme for the development of institutional and social responsibility.



**A Unnat Bharat Abhiyan is organized by Department of Education on 13.03.2020 at Chhamaria Anchalik**

With Regards

  
Head, Department of Education  
Chhamaria Anchalik College

Head  
Department of Education  
Chhamaria Anchalik College  
Date.....



**International Webinar on "The Use of Assamese and Bengali Languages: A Sociolinguistic Analysis":**

Date: 22.08.2020

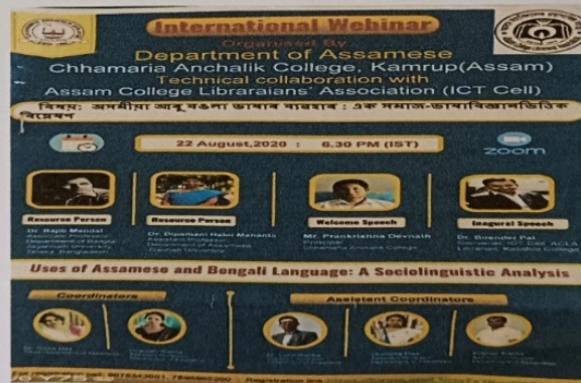
Chhamaria Anchalik College's Department of Assamese hosted a groundbreaking International Webinar on "The Use of Assamese and Bengali Languages: A Sociolinguistic Analysis" on the 22nd of August 2020. The objective was to delve into the intricate dynamics of language use within the cultural and social contexts of Assamese and Bengali communities.

The distinguished resource persons for this enlightening session were Dr. Dipamani Haloi Mahanta, Assistant Professor at Gauhati University, Dr. Rajib Mandal, Associate Professor at Jagannath University, and Dr. Birender Pal, Librarian at Kaliabar College. Their collective expertise provided valuable insights into the sociolinguistic landscape of these two prominent languages.

The international nature of the webinar attracted a diverse audience, fostering a global dialogue on language, identity, and cultural nuances. Dr. Dipamani Haloi Mahanta, Dr. Rajib Mandal, and Dr. Birender Pal delved into sociolinguistic analyses, shedding light on the evolving nature of language use and its impact on societal structures.

The event not only expanded academic horizons but also reinforced the importance of preserving linguistic diversity and understanding its role in shaping cultural identities. Chhamaria Anchalik College expresses heartfelt gratitude to the resource persons for their scholarly contributions, making the International Webinar a resounding success. The webinar stands as a testament to the college's commitment to promoting academic excellence and fostering cross-cultural understanding within its academic community.

**Total Participant : 571**



*[Signature]*  
Principal  
Chhamaria Anchalik College

*[Signature]*  
HOD Assamese  
Chhamaria Anchalik College

A Social Service And Awareness Programme	
Date	24-12-2021
Purpose of the programme	Awareness and sensitization social service
Participants	34'

A social service and sensitization about various disease programmes are organised by NSS cell, Chhamaria Anchalik College on 24-12-2021. The programme is guided by Hiramani Rabha and Ram Mandal, assistant professors of this college. 34 NSS Volunteers participated in this programme.





**Workshop on Music and Poetry :**

Date: 29.12.2021

The Department of Assamese at Chhamaria Anchalik College hosted a captivating Workshop on Music and Poetry on the 29th of December 2021. This unique event aimed to explore the intersection of music and poetry, providing participants with an enriching experience. The esteemed resource persons for the workshop were Dr. Malini Devi Rabha, Retired Principal of Bikali College, and Dr. M. Gopal Sing, Retired Vice Principal of Bikali College.

A remarkable total of 120 participants, including students and faculty, actively engaged in the workshop, showcasing the vibrant interest within the Chhamaria Anchalik College community for the amalgamation of music and poetry. Dr. Malini Devi Rabha and Dr. M. Gopal Sing, with their extensive experience, brought a wealth of knowledge to the session, creating an atmosphere of creativity and exploration.

The workshop delved into the intrinsic relationship between music and poetry, exploring how these two art forms intertwine to create a powerful and emotive impact. The resource persons shared their insights, offering a holistic perspective on the cultural and artistic significance of music and poetry.

Chhamaria Anchalik College expresses sincere appreciation to Dr. Malini Devi Rabha and Dr. M. Gopal Sing for their invaluable contributions. The Workshop on Music and Poetry stands as a testament to the college's commitment to providing diverse and enriching academic experiences, fostering a culture of artistic exploration within its academic community.

**Total Participated Student : 120**

সাহিত্য চ'ৰা  
(অসমীয়া বিভাগ) ৰ উদ্যোগত  
“গীতেৰে, কবিতাৰে শীতৰ এদিন”  
আলোচক : মঞ্জিৰা শৰ্মা, সহযোগী অধ্যাপিকা, বিভাগীয় প্রধান,  
অসমীয়া বিভাগ, জৱাহৰলাল নেহৰু মহাবিদ্যালয়, বকো  
তাৰিখ : ২৯/১২/২০২১ ইং, বুধবাৰ  
ছমৰীয়া আঞ্চলিক মহাবিদ্যালয়

HOD Assamese  
Chhamaria Anchalik College

Principal  
Chhamaria Anchalik College

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### A Cleanliness Programme

<b>Date</b>	28-02-2022
<b>Purpose of the programme</b>	Cleanliness drive
<b>Participants</b>	27

A Cleanliness programme is organised by NSS cell, Chhamaria Anchalik College on 28-02-2022 at Chhamaria Satra Campus and Madhab Dev Udyan near Satra. Along with 27 volunteers Monowara Khatun, Azizul Hoque and Ram Mandal, Asstt Professors of our college participated in this programme.



### A Plantation and Environmental awareness Programme

<b>Date</b>	04-06-2022
<b>Purpose of the programme</b>	To make awareness on plantation and encourage for pollution free environment
<b>Participants</b>	Male:08    Female:41    Total:49

The "World Environment Day" is celebrated on 04-06-2022. In this programme, respected principal, Prankrishna Dev. Nath, presides over the meeting. This auspicious program is initiated by the NSS Cell of this college. This programme begins at the Hall No-1 of the college. Many distinguished persons, teachers and students participate in this program. Respected principal of this college delivers his valuable speech regarding the significance of this day and forwarded his advice to avoid the uses of plastics in order to minimize the air and water pollution. The principal suggests the students to plant trees to keep health good and conformable.

*N.B.* the 5<sup>th</sup> June is on Sunday in 2022 and hence we celebrate the programme on 04-06-2022 for our convenience.



### Celebration of International Yoga Day

<b>Date</b>	21-06-2022
<b>Purpose of the programme</b>	To improve both physical and mental health
<b>Participants</b>	22

The NSS Cell, Chhamaria Anchalik College has organised to celebrate "International Yoga Day" on 21-06-2022 at Digital Hall. At first after taking chair by the Principal, Programme Officer, Abu Shama Ahmed explains the purpose of the programme. In this programme, Dipak Das joined as resource person and he took a session on Yoga.

At last, the principal delivers his valuable speech and in this speech he said that "Yoga combines physical, mental and spiritual pursuits to achieve harmony of the body and mind." Thus the programme comes to end.





**AN AWARENESS PROGRAMME  
ON  
"ROLE OF YOUTH FOR SOCIAL HARMONY AND NATIONAL INTEGRATION  
ORGANIZED BY :- DEPARTMENT OF POLITICAL SCIENCE  
CHHAMAIRA ANCHALIK COLLEGE  
VENUE: M.M. ACADEMY NEULDOBA.**

<b>DATE :-</b>	<b>04-07-2022</b>
<b>PURPOSE :-</b>	To aware the students and localities of the area about Social Harmony and Integrity .
<b>PARTICIPANT :-</b>	<b>MALE = 34, FEMALE = 13, TOTAL = 47</b>

Today, on 04-07-2022 an Awareness programme is held in the M.M MODEL ACADEMY, Neuldoba of Kamrup Assam organized by the Department of Political Science with the BA 6<sup>th</sup> semester SEC students of Chhamaria Anchalik College along with the Students of M.M. Model Academy to make awareness about the Social Harmony. The program provides various information and knowledge about how to maintain social harmony, integrity and unity in society and Nation.



*AN AWARENESS PROGRAMME  
ON  
"ROLE OF YOUTH FOR SOCIAL HARMONY AND NATIONAL INTEGRATION" at M.M. MODEL ACADEMY.*

### A programme on Cleanliness Drive

<b>Date</b>	11-08-2022
<b>Purpose of this programme</b>	To make clean surrounding area of college
<b>Participants</b>	47

“Cleanliness Drive” is organised by NSS Cell at college campus on 11-08-2022 to clean the weed from the surrounding area of the college. The students and the teachers participated to this programme to remove the unwanted plants from the college area. The programme was successfully completed at 4 PM.





### A Plantation and Environmental awareness Programme

<b>Date</b>	12-08-2022
<b>Purpose of the programme</b>	Connecting people to nature
<b>Participants</b>	Male=10    Female=18    Total=28

“There will be people only if there are trees” with the help of this slogan an awareness programme is organised by NSS Cell, to motivate the volunteers for plantation of sapling trees.

In this programme, teachers and volunteers participate to succeed the purpose.



A Clean India Campaign and Awareness Programme	
<b>Date</b>	17-10-2022
<b>Purpose of the Programme</b>	To Solve the problems and state effect caused by lack of cleanliness and improving hygiene maintained.
<b>Participants</b>	Male=11    Female=56    Total=67

Today on dated 17-10-2022 “A Clean India Campaign programme” is organised by NSS Cell. This programme is opened after flag off by respected principal of our college. Then along with NSS volunteers, we are visited to Puthimari Lakshmi Mandir area. After addressing to huge gathering regarding danger of plastics, we have started cleaning at 11:00 AM. The simple life styled farmer of the locality show enthusiasm and share their huge support of our relentless efforts. To make plastic free and to create awareness among the public of the locality, the programme ends very successfully. We conclude our programme at 4.30 PM.



### A clean India Campaign Programme

<b>Date</b>	22.10.2022
<b>Purpose of the programme</b>	Cleaning and awareness about waste plastic.
<b>Participants</b>	Male=08    Female=17    Total=25

The 2<sup>nd</sup> Day that is on dated 22.10.2022, again we arranged another programme in Chhamaria Bus stand along with bona fide members of our NSS Cell seems bus stand is a commercial place, many travelers regarding importance of cleanliness, we have started to clean the surroundings, every shopkeeper were support us and they promised us to keep dustbin in front of their shop Chairman and secretary of weekly bazaar management committee also support us. Thus the programme comes to end at 3.30PM.





Clean India Campaign			
Date	02.11.2022		
Purpose of the programme	Awareness about harmful effect of plastic among Common people		
Participants	Male=05	Female=21	Total=26

On the direction of programme co-ordinator of NSS, Gauhati University, NSS Cell of Chhamaria Anchalik College organised a clean India Campaign on 02.11.2022 at New Howlitari Kalimandir Campus. Along with Nurul Islam, Programme Officer-Abu Shama Ahmed and Programme officer- Monowara Khatun, 39 volunteers participated in the programme. After addressing the public regarding harmful effect of plastic and importance of cleaning we have started cleaning programme in the localities. The public support were very admirable Hence last but not least, we conclude our programme at 4PM.



**Workshop on Satriya Dance and Performing Arts :**

Date: 12.12.2022

The Department of Assamese at Chhamaria Anchalik College proudly organized a Workshop on Satriya Dance and Performing Arts on the 12th of December 2022. The workshop aimed to provide participants with an immersive experience in the traditional art form of Satriya dance, enriching their understanding of Assamese cultural heritage. The event featured esteemed resource persons Guru Swapnali Goswami and Dr. Pankaj Namasudra, Assistant Professor at Dimaria College.

A total of 50 enthusiastic participants, including students and faculty, actively immersed themselves in the intricacies of Satriya dance and performing arts, showcasing the genuine interest and commitment within the Chhamaria Anchalik College community to delve into the cultural richness of Assam. Guru Swapnali Goswami, with her expertise as a Satriya dance exponent, and Dr. Pankaj Namasudra, with his academic insights, brought a perfect blend of practical and theoretical knowledge to the workshop.

The workshop encompassed hands-on training, theoretical discussions, and interactive sessions, providing participants with a comprehensive understanding of the history, techniques, and aesthetic elements of Satriya dance. The cultural exchange fostered by the event contributed to a deeper appreciation of Assamese performing arts.

Chhamaria Anchalik College expresses its sincere gratitude to Guru Swapnali Goswami and Dr. Pankaj Namasudra for their valuable contributions. The Workshop on Satriya Dance and Performing Arts stands as a remarkable initiative, reflecting the college's dedication to promoting cultural awareness and preserving traditional art forms within its academic community.

**Total Participated Student : 70**



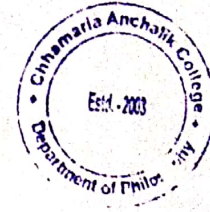
HOD Assamese  
Chhamaria Anchalik College

Principal  
Chhamaria Anchalik College

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## 2. Awareness Program

**Topic:** Environmental Ethics

**Date:** 19/12/2022

**Venue:** Sola-Baralimara Anchalik High School, Baralimara, chhamaria, Kamrup

**Purpose:** to educate the school children about the importance of environmental ethics for society


**Number of participants:** 52

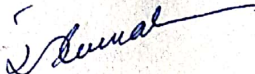
An awareness programme on environmental ethics on 19/12/2022 has been conducted by the department of philosophy, amongst the school children of Sola-Baralimara Anchalik High School of the locality. Mr. Pradip Kalita, social worker cum teacher, delivered his valuable lecture on "what environmental ethics is" and "why for it". He highlighted the important points of "why we should control our conduct to maintain a sustainable world". Mr. Apurba Das, Assistant Professor of the department, also suggest the children to behave with nature as a responsible member of the society. Mr. Jayanta Kumar, HoD, appealed to the students to be serious and conscious about the environmental issues.

**Photo**



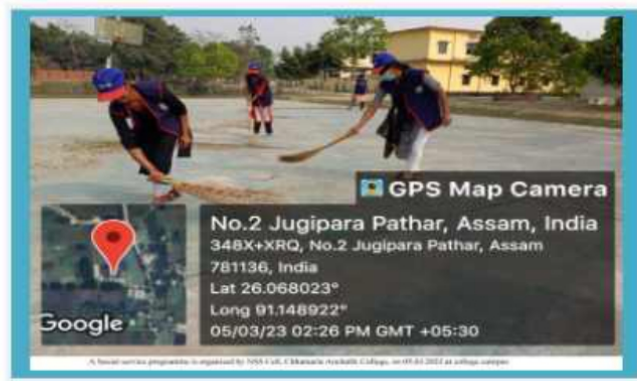
Regards

  
Principal  
Chhamaria Anchalik College

  
HO D PHILOSOPHY  
Chhamaria Anchalik College, Chhamaria

A Social Service Programme	
Date	05.03.2023
Purposed of the Programme	To develop dignity of labour and responsibility among the NSS volunteers
Participants	19

Today on the 05.03.2023 a part of 7days special camp, NSS Volunteers participated in social service programme on behalf of to clean the college campus and road side of adopted village. To make active dignity of labour, socio-institutional responsibility and awareness about environmental pollution among the village people is aim of the programme. The Programme is started at 11AM, and continued till 5PM.





Awareness on Drugs and Alcoholism			
Date	08.03.2023		
Purpose of the Programme	Awareness among Common People to make society drugs and alcohol free, sound and healthy		
Participates	Male=16	Female=52	Total=68

Today on 08.03.2023, an awareness programme on "Addiction of Alcoholism and drugs" of present Generation at Kahibari Gaon organised by NSS Cell, CAC with regard to 7 Days Special Camp. After felicitation programme, resource persons- Apurba Das, Nurul Islam and Ram Mandal, assistant professors of our college delivered their valuable speech on how to make society drugs and alcohol free, sound and healthy. Ram Mandal Speaks on harmful effect of drugs and alcohol. Nurul Islam advises that by education, we can progress our society. At last, programme officer of NSS Cell, concluded the programme with vote of thanks to all.



**A BRIEF REPORT ON HEALTH CHECK-UP CAMP  
ORGANISED BY YOUTH RED CROSS  
CHHAMARIA ANCHALIK COLLEGE**

<b>Programme Name</b>	<b>Health Check-Up Camp</b>
<b>Organised By</b>	Youth Red Cross, Chhamaria Anchalik College
<b>Date</b>	08-05-2023
<b>Venue</b>	Kahibari Anchalik M.E. School, Chhamaria
<b>Purpose of the Programme</b>	The purpose of the programme was to help to check-up the health status of children and the parents of the coverage area basically who belong below poverty line.
<b>Participants</b>	209
<b>Program Outcome</b>	Many people in the area were benefited through the free health check-up camp and the students of the schools also checked their health by the program.

On the occasion of World Red Cross day, the **Youth Red Cross** Unit of Chhamaria Anchalik College observed **World Red Cross Day** with a day long programme at the premises of Kahibari Anchalik M.E. School. First programme started at 9.30 a.m. with Red Cross flag hoisting, hoisted by P.K.Dev Nath, Principal of this college and Kanak Ch. Talukdar, (Chairmen, IRCS, KDB) also operated.

After the celebration meeting the health Chcked-Up started and checked more patients and students. After that at 2.30 pm. all the doctors' staff and organised members took lunch. At last with photo session the day programme was ended.



A Part of Organizing Members



Health Check-Up

*[Signature]*  
Principal  
Chhamaria Anchalik College

With Regards  
*[Signature]*  
Co-ordinator, YRC  
Chhamaria Anchalik College

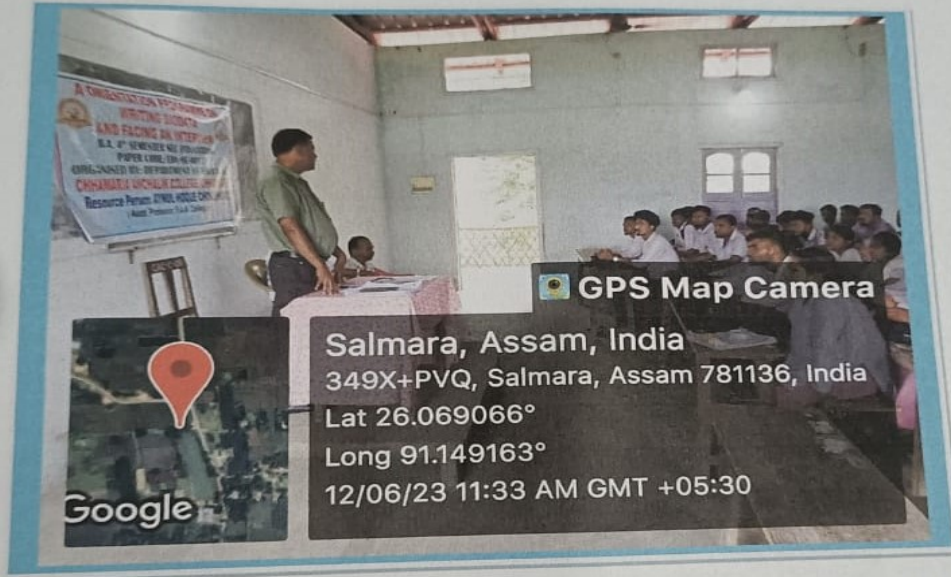
Coordinator  
Youth Red Cross  
Chhamaria Anchalik College



**An Orientation Programme on Bio-data and Facing an Interview**  
**Organised by: Department of Education**  
**Chhamaria Anchalik College**  
**Venue: Room No.-1**

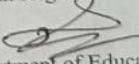
Date	12-06-2023
Purpose of the Programme	The purpose of the orientation is to help the students in understanding how to write bio-data betterly and to improving their efficiency.
Participants	45

Today on 12-06-2023 a orientation programme on writing bio-data is organized by department of education. The program is enlighted with the resource person namely Aynul Hoque Chaudhury, Assistant Professor, F.A. Ahmed College. Inaugural session is completed by hon'ble principal. The resource person is felicitated by students. The resource person delivered his valuable speech on how to write bio-data clearly. Finally the convener of the programme wishes vote of thanks to all for the participation and succeed the program.



OPPO F19 Pro+

With Regards

  
 Head, Department of Education  
 Chhamaria Anchalik College

Head  
 Department of Education  
 Chhamaria Anchalik College  
 Date.....


**A BRIEF REPORT ON HEALTH CHECK-UP CAMP-2  
ORGANISED BY YOUTH RED CROSS  
CHHAMARIA ANCHALIK COLLEGE**

<b>Programme Name</b>	<b>Health Check-Up Camp-2</b>
<b>Date</b>	09-06-2023
<b>Venue</b>	Chhamaria Anchalik College
<b>Purpose of the Programme</b>	The purpose of the programme was to re-check the patients with high blood pressure and diabetes to those whom previously checked out.
<b>Participants</b>	43
<b>Program Outcome</b>	Previously checked out the patients with high blood pressure and diabetes were Re-checked and comparatively gain low the HBP and BS.

Health checked up programme started at 12 P.M with the elaborated purpose of the meeting. Dr.Sudeep Ranjan Medhi delivered his speech on health consciousness of human bodies. After that the doctor and medical laboratory technician checked the previously check the patients with high blood pressure and diabetes and supplied the free medicine and ended the programme.



  
 Principal  
 Chhamaria Anchalik College

With Regards  
  
 Co-ordinator, YRC  
 Chhamaria Anchalik College

Coordinator  
 Youth Red Cross  
 Chhamaria Anchalik College



Celebration of International Yoga Day	
<b>Date</b>	21-06-2023
<b>Purpose of the programme</b>	A platform to raise awareness about the numerous benefits of Yoga and promote its holistic approach to physical, mental and spiritual well-being.
<b>Participants</b>	23

The NSS Cell, Chhamaria Anchalik College has organised to celebrate "International Yoga Day" on 21-06-2023 at Digital Hall. At first after taking chair by the Principal, Programme Officer, Abu Shama Ahmed explains the purpose of the programme. In this programme, Dipak Boro joined as resource person and he took a session on Yoga.

At last, the principal delivers his valuable speech and in this speech he said that Yoga combines physical, mental and spiritual pursuits to achieve harmony of the body and mind. Thus the programme comes to end.

